



GLUTEN FREE IS BETTER WITH BOB'S

Bob's Red Mill has simple and convenient options you need, for customers seeking more gluten free and plant-based options!

Reasons to ❤️ Our Gluten Free 1-to-1 Baking Flour

- Great for gluten free baking, thickening, dusting, coating, sauces and gravies
- R5 ELISA gluten tested in a dedicated facility
- Includes xanthan gum



Find Foodservice Resources & More:



CLASSIC CHOCOLATE CHIP COOKIES

Yield: 100 three-inch cookies

Ingredients	Weight	Measure	Instructions
Bob's Red Mill® Gluten Free 1-to-1 Baking Flour	925 g	6¾ cups	1. Combine flour, baking soda and salt in a bowl and set aside.
Baking Soda	9.7 g	2¾ tsp	
Salt	16.7 g	2¾ tsp	
Butter, softened	630.5 g	2¾ cups	
Granulated Sugar	472 g	2 cups	2. Cream butter, sugar and brown sugar. Add eggs and vanilla extract and mix until combined. Gradually add flour mixture and beat until well blended. Mix in chocolate chips and walnuts, if using.
Packed Brown Sugar	472 g	2 cups	
Eggs	278 g	5 each	3. Scoop cookies, about 2 tablespoons each (#40 scoop), and place on sheet trays. Bake immediately or refrigerate or freeze as needed.
Vanilla Extract	14 mL	2¾ tsp	
Chocolate Chips	1250 g	5½ cups	4. Preheat convection oven to 350°F. Space cookies 2 inches apart on parchment lined sheet trays. Bake until golden brown, 10–12 minutes. Cool on sheet trays for at least 5 minutes before serving.
Chopped Walnuts (optional)	14 g	2¾ cups	



EASY OPTIONS FOR PLANT-BASED BAKING

Our popular gluten free flours are available in 25 lb bulk bags! Now it's easier than ever to serve gluten free pizza, cakes, cookies, brownies, cornbread, biscuits and more.



CASSAVA PIZZA CRUST

Yield: Five 16-inch round crusts

Ingredients

Ingredients	Weight	Measure
Active Dry Yeast	40 g	¼ cup
Honey	80 g	¼ cup
Warm Water	1.2 L	5 cups
Eggs	500 g	10 large
Olive Oil (plus additional)	300 mL	1 ¼ cups
Bob's Red Mill® Cassava Flour	1.4 kg	10 cups
Bob's Red Mill® Tapioca Flour	600 g	5 cups
Salt	25 g	2 Tbsp

Instructions

1. Combine yeast, honey and water in a large mixer bowl and let stand about 5 minutes.
2. Add eggs and oil to the wet ingredients, then add dry ingredients. Mix dough with a paddle attachment until a uniform dough forms. Do not mix with a dough hook.
3. Drizzle dough lightly all over with additional oil, then cover and let rise until doubled in size, 30–45 minutes.
4. Divide dough into 5 portions and place on oiled pans. With lightly oiled hands, smooth each portion to desired shape. Create a crust edge by hand, if desired.
5. Par-bake at 400°F in a convection oven for about 10 minutes or in a pizza oven according to manufacturer instructions. Remove and let cool, or immediately add desired toppings and bake until crust has crisped and toppings are to desired consistency, 3–5 minutes.

FEATURED PRODUCTS

Product	Weight	Item #	UPC	GTIN
1-to-1 Baking Mix, Gluten Free	25 lb	P101471	0-39978-10453-3	00039978104533
All-Purpose Baking Flour, Gluten Free	25 lb	P101463	0-39978-10452-6	00039978104526
Almond Flour, Gluten Free	25 lb	P101797	0-39978-10381-9	00039978103819
Cassava Flour, Gluten Free	25 lb	P101638	0-39978-02178-6	00039978021786
Pancake Mix, Gluten Free	25 lb	P101503	0-39978-10462-5	00039978104625
Pizza Crust Mix, Gluten Free	25 lb	P101722	0-39978-10394-9	00039978103949
Tapioca Flour, Gluten Free	25 lb	P101381	0-39978-10535-6	00039978105356
Vanilla Yellow Cake Mix, Gluten Free	25 lb	P101513	0-39978-10466-3	00039978104663



For our full catalog of gluten free products, please contact your Bob's Red Mill Sales Representative

Bob's Red Mill Natural Foods, Inc. • 13521 SE Pheasant Court • Milwaukie, OR 97222 • 503-654-3215 •
 • FAX 503-653-1339 • 1-800-349-2173 • foodservice@bobsredmill.com • BobsRedMill.com



GOOD, TO GO!



Meet customer demand for portable, nutritious meals and snacks made with wholesome ingredients—explore our popular line of grab & go products.

Reasons to ❤️ our Grab & Go All-Stars:

- *Made with whole grain oats*
- *Short, simple list of ingredients*
- *Free from gluten, soy, dairy and egg*
- *Non-GMO Project Verified*

Find Foodservice Resources & More:



OATMEAL CUPS

Gluten Free Apple Cinnamon



2.36 oz – 12 pk
Item #: 1366C0112
UPC: 039978001849
Case Wt: 2.42 lbs

Gluten Free Blueberry Hazelnut



2.50 oz – 12 pk
Item #: 1367C0112
UPC: 039978011848
Case Wt: 2.53 lbs

Gluten Free Classic



1.81 oz – 12 pk
Item #: 1368C0112
UPC: 039978021847
Case Wt: 2.01 lbs

Gluten Free Brown Sugar Maple



2.15 oz – 12 pk
Item #: 1369C0112
UPC: 039978031846
Case Wt: 2.26 lbs

INSTANT OAT PACKETS

Apple Pieces & Cinnamon



3.28 lb – 4 pk (32 packets)
Item #: P101206
UPC: 039978001658
Case Wt: 3.28 lb

Brown Sugar & Maple



3.28 lb – 4 pk (32 packets)
Item #: P101207
UPC: 039978001665
Case Wt: 3.28 lb

Classic



3.28 lb – 4 pk (32 packets)
Item #: P101208
UPC: 039978001672
Case Wt: 3.28 lb

BOB'S BARS

Peanut Butter Jelly & Oats



1.76 oz – 12 x 12
Item #: 7033R1212
UPC: 039978019028
Case Wt: 18.42 lb

Peanut Butter Chocolate & Oats



1.76 oz – 12 x 12
Item #: 7034R1212
UPC: 039978039026
Case Wt: 18.42 lb

Peanut Butter Coconut & Oats



1.76 oz – 12 x 12
Item #: 7035R1212
UPC: 039978059024
Case Wt: 18.42 lb

Peanut Butter Banana & Oats



1.76 oz – 12 x 12
Item #: 7037R1212
UPC: 039978099020
Case Wt: 18.42 lb

Peanut Butter Honey & Oats



1.76 oz – 12 x 12
Item #: 7080R1212
UPC: 039978159021
Case Wt: 18.42 lb



SHIPPERS & DISPLAYS ALSO AVAILABLE

For our full catalog of grab-and-go products, please contact your Bob's Red Mill Sales Representative

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BUILD A BETTER GRAIN BOWL



Reasons to ❤️ Grain Bowls

- *Guests can build their own bowls for maximum customization*
- *Easy to incorporate global flavors and new trends*
- *Adaptable to vegan, gluten free and other specialty diets*
- *Many grains have similar cook times and water-to-grain ratios*

GET TO KNOW OUR GRAINS



Millet

Cooks quickly with a mild, slightly sweet flavor.



Yellow Corn Polenta

Coarsely ground yellow corn quickly cooks up into a creamy porridge.



Farro

A hearty grain with a chewy texture and rich, nutty flavor.



White Corn Grits

Southern-style grits with a pure corn flavor for porridge and grit cakes.



Quinoa

Fluffy texture, mild flavor. Provides iron and high-quality protein.

Find Foodservice Resources & More:



BUILD A BOB'S GRAIN BOWL



STEP 1: Choose Your Grain(s)

- Farro • Millet • Quinoa
- White Corn Grits
- Yellow Corn Polenta



STEP 2: Go Green

- Arugula • Chard • Kale
- Microgreens • Mixed spring greens • Spinach



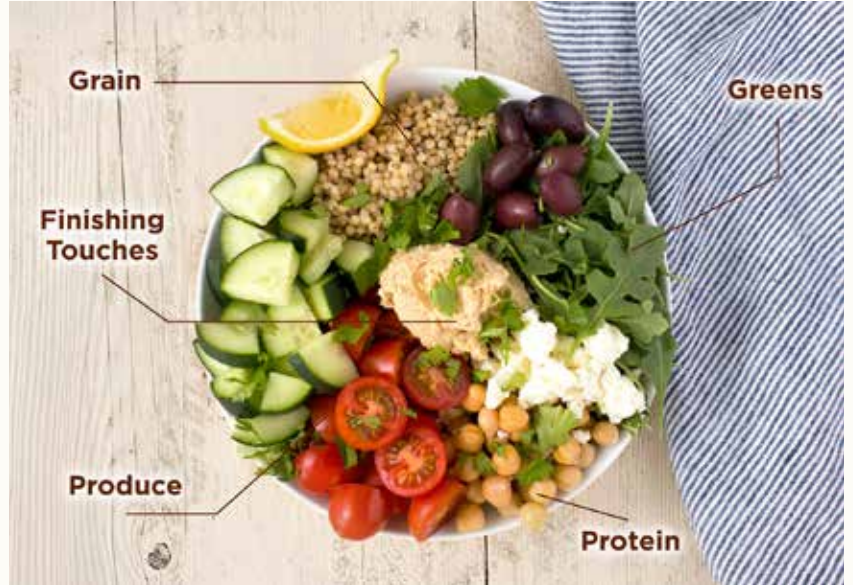
STEP 3: Pick a Protein

- Chicken breast • Grilled shrimp
- Roasted salmon • Steak • Eggs
- Black beans or garbanzo beans
- Lentils • Tofu or tempeh



STEP 4: Pile on Some Produce












- Avocado • Beets • Broccoli • Carrots
- Green beans • Mushrooms • Peas
- Radishes • Sweet potato • Tomatoes



STEP 5: Finishing Touches

- Cheese • Dressing/sauce • Fresh herbs
- Nuts • Sauerkraut • Seeds • Sprouts

FEATURED PRODUCTS

Product	Weight	Pack	Item #	UPC
Farro, Organic 	25 lb	1	P102123	0-39978-10860-9
Farro, Organic 	24 oz	4	P102126	0-39978-11860-8
Millet 	28 oz	4	P101182	0-39978-12406-7
Quinoa, Red, Organic 	25 lb	1	P101946	0-39978-10944-6
Quinoa, Red, Organic 	13 oz	5	P101950	0-39978-01944-8
Quinoa, Tri-Color, Organic 	25 lb	1	P101952	0-39978-10946-0
Quinoa, Tri-Color, Organic* 	26 oz	4	P101955	0-39978-02946-1
Quinoa, White, Organic 	25 lb	1	P101305	0-39978-10323-9
Quinoa, White, Organic* 	26 oz	4	P101309	0-39978-06323-6
White Corn Grits	25 lb	1	P101084	0-39978-10284-3
White Corn Grits	24 oz	4	P101086	0-39978-11284-2
Yellow Corn Polenta	25 lb	1	P101070	0-39978-10125-9
Yellow Corn Polenta	24 oz	4	P101071	0-39978-11125-8
Yellow Corn Polenta, Gluten Free 	24 oz	4	P101525	0-39978-11470-9
Yellow Corn Polenta, Organic 	25 lb	1	P101905	0-39978-10919-4
Yellow Corn Polenta, Organic 	24 oz	4	P101906	0-39978-11919-3

*Also available in 13 oz size.

For our full catalog of grains, please contact your Bob's Red Mill Sales Representative

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SERVE THE WORLD'S BEST OATMEAL®

Oats and oatmeal are increasingly popular in the food and beverage industry, either as hot cereal or in baked goods and smoothies.

Reasons to ❤️ Bob's Red Mill Oats

- 100% whole grain, with all the nutrition of the whole oat groats
- Gluten free and organic options available
- Easy for guests to customize with toppings
- Pair with Bob's Red Mill seeds for the ultimate oatmeal bar

Find Foodservice Resources & More:



DO YOU KNOW YOUR OATS?



Old Fashioned Rolled Oats

The classic choice for hot cereal and baked goods. Cooks up in 10 minutes, with a chewy texture and wholesome flavor.



Steel Cut Oats

Whole grain oat groats cut into small pieces on a steel burr mill. Enjoy its appealing, chewy texture in about 25 minutes.



Quick Cooking Oats

Rolled thinner to cook faster, but with all the fiber and nutrients of our other oat varieties! Ready in about 5 minutes.






TOP IT OFF

EXPLORE CUSTOMER-FAVORITE TOPPINGS:

Stock seeds for a bowls and more!



FRUIT

Fresh berries, sliced banana, diced peaches, dried fruit like raisins, cranberries or cherries



SEEDS

Organic chia seeds, flaxseed meal, pumpkin seeds, hulled hemp seeds, sunflower seeds



PROTEIN

Greek yogurt, peanut or almond butter, eggs, bacon or sausage



EXTRAS

Toasted coconut, chocolate chips, brown sugar, maple syrup, marshmallows

FEATURED PRODUCTS

Product	Weight	Pack	Item #	UPC
Old Fashioned Rolled Oats	32 oz	4	P101235	0-39978-04154-8
Old Fashioned Rolled Oats	25 lb	1	P101233	0-39978-10154-9
Old Fashioned Rolled Oats 	32 oz	4	P101681	0-39978-03375-8
Old Fashioned Rolled Oats 	25 lb	1	P101676	0-39978-10375-8
Quick Cooking Rolled Oats	32 oz	4	P101245	0-39978-04153-1
Quick Cooking Rolled Oats	25 lb	1	P101243	0-39978-10153-2
Quick Cooking Rolled Oats 	28 oz	4	P101688	0-39978-10376-5
Quick Cooking Rolled Oats 	25 lb	1	P101685	0-39978-10376-5
Steel Cut Oats	54 lb	2	P101276	0-39978-05140-0
Steel Cut Oats	25 lb	1	P101274	0-39978-10140-2
Steel Cut Oats 	24 oz	4	P101669	0-39978-01373-6
Steel Cut Oats 	25 lb	1	P101667	0-39978-10373-4
Chia Seeds 	12 oz	5	P102100	0-39978-00844-2
Chia Seeds 	25 lb	1	P102098	0-39978-10844-9
Flaxseeds	13 oz	4	P101140	0-39978-03420-5
Flaxseeds	25 lb	1	P101138	0-39978-10420-5
Flaxseeds, Golden 	13 oz	4	P101937	0-39978-02939-3
Flaxseeds, Golden 	25 lb	1	P101934	0-39978-10939-2
Hulled Hemp Seeds	8 oz	5	P101757	0-39978-02596-8
Pumpkin Seeds 	12 oz	4	P101304	0-39978-03432-8
Pumpkin Seeds 	25 lb	1	P101302	0-39978-10432-8

To learn more about food service and view a full product list, visit BobsRedMill.com/Food-Service
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